



CLEAR DERMATOLOGY

Microneedling Post care

- Redness and mild swelling may last up to three days
- Wash with a mild cleanser like Bright & Beautiful Soothe, Cetaphil or Cerave for the next week
- Apply a bland moisturizer like Cetaphil or Cerave or our Bright & Beautiful Plump as much as needed over the next 3 days
- Avoid other products today but you can return to sunscreen and makeup tomorrow
- Avoid prescription products and toners for the next week unless advised by your provider
- Avoid sun exposure for the next 3 weeks

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time at (310) 540-5272.