



CLEAR DERMATOLOGY

WOUND CARE FOR BIOPSIES

Keep your bandage on until tomorrow.

- Until the wound is healed, cleanse the area gently with soap and water daily. If you have sutures, you may shower normally but no baths, hot tubs or swimming until the sutures are removed.
- Apply a thin layer of Vaseline, Aquaphor, or Polysporin ointment to the area, and then cover with a bandage, every day until it is healed (about 1 week) or until you return to have your sutures removed.
- There may be mild discomfort associated with the procedure. About an hour after the procedure, the anesthetic will wear off. If you have pain, you may take Tylenol (acetaminophen) and/or apply an ice pack over the bandage.
- If any bleeding occurs, use a cotton ball or gauze and press firmly over the site for 10-15 minutes. Do not remove the pressure before 10 minutes. If the bleeding does not stop after this is repeated 2-3 times, please contact our office.
- If irritation occurs from the bandage, stop using the bandage, but continue to apply the ointment.
- It is normal for the wound to be pink/red and a little tender while it is healing. If you develop pain, pus, or fever, please call our office. Increasing pain after 3-4 days may be a sign of infection.
- After a week or so, the area should be healed leaving shiny pink skin. This will slowly pale over the next several months.
- You will be contacted in approximately 7 days with your test results. Please call the office if you have not heard from us in 2 weeks.
- If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. We are happy to speak with you any time (310) 540-5272.